



Age Well is a nonprofit organization that serves Addison, Chittenden, Franklin, and Grand Isle Counties and is the largest Meals on Wheels provider in Vermont. Our mission is to provide the support and guidance that inspires our community to embrace aging with confidence. To learn more and donate, visit: [agewellvt.org](http://agewellvt.org)

## LUNCHTIME AT THE NOTCH

Available to individuals 60+ years of age.

Monthly Sit Down in  
Richford!  
Last Tuesday every  
month

### WHAT:

Scalloped potatoes w/ turkey ham &  
cheddar, beans and a biscuit  
Grapes

### WHEN:

The Last Tuesday of the month - Feb 25  
Check In: 11:30 am  
Lunch: 12:00 pm

### WHERE:

The NOTCH  
44 Main St, Richford  
Pinnacle Room, 4th Floor

**Advanced reservations required !!!**

### CONTACT:

Laura Need, Nutrition Coordinator  
P 802-662-5264  
E [lneed@agewellvt.org](mailto:lneed@agewellvt.org)



**AGE WELL**  
CONFIDENT AGING STARTS HERE.

Age Well is a nonprofit organization that serves Addison, Chittenden, Franklin, and Grand Isle Counties and is the largest Meals on Wheels provider in Vermont. Our mission is to provide the support and guidance that inspires our community to embrace aging with confidence. To learn more and donate, visit: [agewellvt.org](http://agewellvt.org)

## LUNCHTIME IN FRANKLIN

Available to individuals 60+ years of age.

**NEW!!!!!!!**

Monthly Sit Down in  
Franklin!

Last Wednesday every  
month



### WHAT:

Diced beef w/ potatoes & burgundy wine sauce, Broccoli florets, dinner roll  
Fruit

### WHEN:

The Last Wednesday of the month:  
Feb 26  
Check In: 11:30 am  
Lunch: 12:00 pm

### WHERE:

Franklin United Church  
5374 Main Street  
Franklin, VT 05457

**Advanced reservations required !!!**

### CONTACT:

Laura Need, Nutrition Coordinator  
P 802-662-5264  
E [lneed@agewellvt.org](mailto:lneed@agewellvt.org)