



Age Well is a nonprofit organization that serves older Vermonters in Addison, Chittenden, Franklin, and Grand Isle Counties and is the largest Meals on Wheels provider in Vermont.

Our mission is to provide the support and guidance that inspires our community to embrace aging with confidence.

## VOLUNTEER WITH AGE WELL

*Give your time and impact a life*



There are several ways to give your time to those who need it most. Opportunities to volunteer are available in Addison, Chittenden, Franklin, and Grand Isle including:

- Veterans visiting other veterans
- Providing transportation
- Friendly visits
- Grocery shopping
- Budgeting assistance
- Delivering Meals on Wheels



**JOIN OUR NETWORK  
OF VOLUNTEERS**

Call our Volunteer Department to learn more:

**802-662-5249**

[volunteerservices@agewellvt.org](mailto:volunteerservices@agewellvt.org)